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# Search Results

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## Hearts and Ears

AGENCY: HEARTS AND EARS, INC.

COMMUNITY CENTER: Provides support groups, peer counseling, arts and crafts and general discussion groups for Gay, Lesbian, Bisexual, Transgender and Questioning (GBLTQ) individuals with mental health issues and concerns. The center also maintains a warmline during business hours.

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## Metro DC LGBT Center

AGENCY: METRO DC COMMUNITY CENTER INC.

OVERVIEW: The DC LGBT Center educates, empowers, celebrates, and connects the lesbian, gay, bisexual, and transgender communities throughout the DC Metro Area. SERVICES: Offers programming, services and supports in four areas: health and wellness, arts and culture, social and support services, and advocacy and community building.

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## Amy Lynn Ferris Adult Activity Center

AGENCY: UPPER SHORE AGING

OVERVIEW: Provides an environment where older adults can socialize and participate in group activities including recreation day trips, education, physical fitness, arts and crafts. Help with Emergency assistance. Computer access is also offered. SERVICES: 1) TRANSPORTATION: Delmarva Community Transit provides round-trip transportation to the Senior Ce...

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## Anne Arundel County Senior Centers

AGENCY: ANNE ARUNDEL COUNTY DEPARTMENT OF AGING AND DISABILITIES

SENIOR CENTERS: Offers recreation, education, health and physical fitness, nutrition, social, transportation, and volunteer opportunities for individuals 55 and older. Also, offers congregate meals at 19 locations throughout Anne Arundel County.

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## Baltimore City Senior Centers

AGENCY: BALTIMORE CITY HEALTH DEPARTMENT

SENIOR CENTERS: Provides recreational, education, health and physical fitness, nutrition, social, transportation, volunteer opportunities for older adults, and warming and cooling centers during extreme weather declarations.

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## **Baltimore County Senior Centers**

AGENCY: BALTIMORE COUNTY DEPARTMENT OF AGING

SENIOR CENTERS: Provides 20 locations offering recreational, education, health and physical fitness, nutrition, social, transportation, and volunteer opportunities for individuals 60 and older.

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## **Carroll County Senior Centers**

AGENCY: CARROLL COUNTY BUREAU OF AGING & DISABILITIES

SENIOR CENTERS: Provides 5 locations offering recreational activities, education, health and physical fitness, nutrition, social, transportation, and volunteer opportunities for individuals 55 older. Also, offers congregate meals.-

Senior Inclusion Program: Offers structured and non-structured retirement activities for seniors with developmental dis...

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## **Caroline County Senior Center**

AGENCY: UPPER SHORE AGING

SENIOR CENTERS: Provides a group setting and offers arts and crafts projects, health and fitness, and takes field trips to local parks and other community events. Provides equipped computers and internet access. Offers transportation to and from the center that may be arranged by calling Delmarva Community Transport (DCT) at 410-479-3867 on Mon-F...

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## **Cecil County Senior Center**

AGENCY: DEPARTMENT OF COMMUNITY SERVICES, CECIL COUNTY

SENIOR CENTER: Offers a wide variety of activities, field trips, educational programs, art classes, information and assistance and fitness center is open to any individual age 50 or older. Transportation is available round trip to the center and should be scheduled in advanced with the Cecil Community Transit at 410-996-5295, discount programs for ...

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## **Dorchester County Senior Center**

AGENCY: MARYLAND ACCES POINT, LOWER SHORE

SENIOR CENTERS: Offers 2 centers in Dorchester County for aging adults that offers recreational, field trips to local parks and events, health, fitness and social activities. A hot nutritious lunch is served daily to participants age 60 and older, there is a \$2.50 donation for meal but no one will be denied lunch due to inability to pay. Round tri...

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## Georges Creek Senior Center

AGENCY: ALLEGANY COUNTY HUMAN RESOURCES DEVELOPMENT COMMISSION

OVERVIEW: Provides services to senior citizens including congregate and home delivered meals, recreational activities, continuing education classes, health education and screenings as well as free seasonal tax preparation to qualified individuals.SERVICES:1) TAX ASSISTANCE 2018: See separate listing. 2) CONGREGATE MEALS: Offered at the center Monda...

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## Harford County Senior Centers

AGENCY: HARFORD COUNTY OFFICE ON AGING

OVERVIEW: Provides senior centers and tax preparation assistance.SERVICES:SENIOR CENTERS: Offers four locations providing arts & crafts, physical fitness/exercise classes, educational classes and congregate meals. Assists individuals 55 and older.

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## Howard County Senior Centers

AGENCY: HOWARD COUNTY DEPARTMENT OF COMMUNITY RESOURCES AND SERVICES

OVERVIEW: Provides centers for recreational opportunities, transportation, and tax assistance. SERVICES:1) SENIOR CENTERS: Provides 7 locations offering recreational, education, health and physical fitness, nutrition, social, transportation, and volunteer opportunities for individuals 55 and older.

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## Maryland Access Point, Cecil County

AGENCY: DEPARTMENT OF COMMUNITY SERVICES, CECIL COUNTY

AGING & DISABILITY SUPPORT SERVICES: Offers assistance for older adults and individuals with disabilities. It is a statewide resource for information and assistance about long-term services and supports to allow individuals to remain at home and plan for future needs. - Aging & Disability Resource Center: Provides individuals who are seeking long ...

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## Maryland Access Point, Washington County

AGENCY: WASHINGTON COUNTY COMMISSION ON AGING

- AGING AND DISABILITY RESOURCE CENTER: Provides individuals who are seeking long term support information and counseling regarding available long term support options, and determining eligibility for public long term support programs and benefits. Benefits screening includes level of care determinations for Medicaid nursing facility and home and c...

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## Nanjemoy Community Center, The

AGENCY: CHARLES COUNTY DEPARTMENT OF COMMUNITY SERVICES

OVERVIEW: Acts as a community center with several recreational and educational programs, many of them for free or for a small fee.SERVICES:1) RECREATIONAL/EDUCATIONAL SERVICES: The center offers many recreational activities, classes, workshops and special events for children, teens, adults and seniors. Includes karate, basketball, holiday events, ...

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## Queen Anne's County Senior Centers

AGENCY: [QUEEN ANNE'S COUNTY DEPARTMENT OF COMMUNITY SERVICES](#)

OVERVIEW: Offers a wide range of recreational, educational and social activities to seniors in Queen Anne's County. Also provides free tax preparation assistance.SERVICES:1) SENIOR CENTERS: Provides 4 centers in Queen Anne's County for aging adults that offers a wide range of recreational activities including bus trips to amusements parks, shoppin...

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## Senior Information & Assistance, Somerset County

AGENCY: [SOMERSET COUNTY COMMISSION ON AGING](#)

INFORMATION & REFERRAL: Provides seniors assistance by linking them with services, including transportation (Dial a Ride), housing, medical care, legal services, financial management, adult day care, recreational activities and home-delivered meals. Offers educational courses on health-related issues.Senior Info & Assist is available at the followi...

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## Talbot County Senior Center

AGENCY: [UPPER SHORE AGING](#)

SENIOR CENTER: Provides an environment where older adults age 60 and older can socialize and participate in group settings. Offers a wide range of physical, recreation, social activities, tax assistance and links seniors with community resources.-TRANSPORTATION: Provides public transportation to and from the center that may be arranged by calling ...

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## Westernport Senior Center

AGENCY: [ALLEGANY COUNTY HUMAN RESOURCES DEVELOPMENT COMMISSION](#)

OVERVIEW: Provides services to senior citizens including congregate and home delivered meals, recreational activities, continuing education classes, health education and screenings as well as free seasonal tax preparation to qualified individuals.SERVICES:1) TAX ASSISTANCE 2018: See separate listing.2) CONGREGATE MEALS: Offered at the center Mon-F...

